

July 2026 Activity Schedule

CASTLE HOUSE NURSING HOME

Castle Street, Keinton Mandeville, Somerset TA11 6DX
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Week beginning Monday 29th June

LOUNGE **GARDEN ROOM** **DINING ROOM** One-to-ones, fresh air and pet therapy happen around the home.

Monday 29th	Tuesday 30th	Wednesday 1st	Thursday 2nd	Friday 3rd	Saturday 4th	Sunday 5th
WIMBLEDON BEGINS		INTERNATIONAL JOKE DAY			INDEPENDENCE DAY (USA)	
9:15am Exercises with Jake GARDEN ROOM	9:15am Exercises with Deb GARDEN ROOM	9:15am Exercises with Georgie GARDEN ROOM	9:15am Exercises with Matt GARDEN ROOM	9:15am Exercises with Matt GARDEN ROOM	9:15am Exercises with Georgie GARDEN ROOM	10:00am Daily News with Matt LOUNGE
10:00am Daily News with Deb LOUNGE	10:00am Daily News with Matt LOUNGE	10:00am Daily News with Matt LOUNGE	10:00am Daily News with Deb LOUNGE	10:00am Daily News with Georgie LOUNGE	10:00am Daily News with Georgie LOUNGE	11:00am History of the British Grand Prix with Matt LOUNGE
11:00am Famous faces with Jake GARDEN ROOM	10:00am One-to-ones with Deb	10:00am One-to-ones with Georgie LOUNGE	10:00am One-to-ones with Matt	10:00am One-to-ones with Matt	11:00am Country music singalong with Georgie LOUNGE	2:30pm Sunday Crosswords with Matt LOUNGE
11:30am Holy Communion with Rev Jane LOUNGE	11:00am Who am I? Famous June birthdays with Matt LOUNGE	11:00am One-to-ones with Georgie	11:00am Floor games with Deb LOUNGE	11:00am Follow the steps memory game with Georgie LOUNGE	2:30pm America quiz with Georgie LOUNGE	4:00pm Afternoon Games with Matt LOUNGE
2:30pm Balloon Tennis with Jake LOUNGE	11:00am Cards with Deb GARDEN ROOM	11:00am Pet Therapy with Georgie	11:00am Puzzles with Jake GARDEN ROOM	11:00am Animals of the world with Matt GARDEN ROOM	4:00pm Afternoon Games with Georgie LOUNGE	
4:00pm Afternoon Games with Jake LOUNGE	2:30pm Music Circle with Paul LOUNGE	2:30pm Jokes with Georgie LOUNGE	2:30pm Songs from the movies with Matt LOUNGE	2:30pm General knowledge quiz with Georgie LOUNGE		
	2:30pm Jigsaw puzzles with Deb GARDEN ROOM	2:30pm Book club with Matt GARDEN ROOM	2:30pm Baking club with Deb DINING ROOM	2:30pm Connect 4 with Matt GARDEN ROOM		
	4:00pm Afternoon Games with Matt LOUNGE	4:00pm Afternoon Games with Georgie LOUNGE	2:30pm One-to-ones with Jake	4:00pm Afternoon Games with Georgie LOUNGE		
			2:30pm Musical one-to-ones with Paul			
			4:00pm Afternoon Games with Matt LOUNGE			

Week beginning Monday 6th July

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th	Saturday 11th	Sunday 12th
9:15am Exercises with JakeLOUNGE 10:00am Daily News with DebLOUNGE 11:00am Fresh air with Jake 11:30am Morning Prayer with Rev JaneLOUNGE 2:30pm Parachute games with Deb and JakeLOUNGE 4:00pm Afternoon Games with DebLOUNGE	WORLD CHOCOLATE DAY 9:15am Exercises with DebLOUNGE 10:00am Daily News with GeorgieLOUNGE 10:00am One-to-ones with Deb 11:00am Word games with GeorgieLOUNGE 11:00am Cards with DebGARDEN ROOM 2:30pm Music Circle with PaulLOUNGE 2:30pm Connect 4 with DebGARDEN ROOM 4:00pm Chocolate Tasting with GeorgieLOUNGE	9:15am Exercises with MattLOUNGE 10:00am Tai Chi with CheyneLOUNGE 10:00am One-to-ones with Matt 11:00am Fresh air with Matt 11:30am Classical music reminiscence with GeorgieGARDEN ROOM 2:30pm Darts with GeorgieGARDEN ROOM 2:30pm Book club with MattLOUNGE 4:00pm Afternoon Games with GeorgieLOUNGE	9:15am Exercises with DebLOUNGE 10:00am Daily News with JakeLOUNGE 10:00am One-to-ones with Deb 10:00am Fresh air with Matt 11:00am Name that tune! with JakeGARDEN ROOM 11:00am Keinton School Visit!LOUNGE 2:30pm Higher or lower with JakeLOUNGE 2:30pm Baking club with DebDINING ROOM 2:30pm Musical one-to-ones with Paul 4:00pm Afternoon Games with OscarLOUNGE	9:15am Exercises with GeorgieLOUNGE 10:00am Daily News with MattLOUNGE 10:00am One-to-ones & Fresh air with Jake 11:00am Beanbag toss with MattLOUNGE 11:00am Pet Therapy with GeorgieGARDEN ROOM 2:30pm General knowledge quiz with MattLOUNGE 2:30pm Arts and crafts with GeorgieGARDEN ROOM 2:30pm One-to-ones with Jake 4:00pm Afternoon Games with MattLOUNGE	WIMBLEDON LADIES' FINAL 9:15am Exercises with OscarLOUNGE 10:00am Daily News with OscarLOUNGE 11:00am Balloon Tennis with OscarLOUNGE 2:30pm Bingo with OscarLOUNGE 4:00pm Wimbledon Ladies' Final — with Pimm's and strawberriesLOUNGE	WIMBLEDON MEN'S FINAL 10:00am Daily NewsLOUNGE 11:00am Reminiscence — Summer HolidaysLOUNGE 2:30pm Singalong SundayLOUNGE 4:00pm Wimbledon Men's FinalLOUNGE

Week beginning Monday 13th July

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th	Saturday 18th	Sunday 19th
9:15amExercises with JakeLOUNGE 10:00amDaily News with OscarLOUNGE 10:00amOne-to-ones with Jake 11:30amMorning Worship with JakeLOUNGE 2:30pmSkittles with DebLOUNGE 2:30pm‘Reminiscence’ with JakeGARDEN ROOM 4:00pmAfternoon Games with DebLOUNGE	BASTILLE DAY 9:15amExercises with DebLOUNGE 10:00amDaily News with MattLOUNGE 10:00amOne-to-ones with Deb 11:00amFamous French Inventions with MattLOUNGE 11:00amScrabble with DebGARDEN ROOM 2:30pmMusic Circle with PaulLOUNGE 2:30pmCards with DebGARDEN ROOM 4:00pmAfternoon Games with MattLOUNGE	ST SWITHIN'S DAY 9:15amExercises with JakeLOUNGE 10:00amDaily News with OscarLOUNGE 10:00amOne-to-ones with Georgie 11:00amReminiscence — Jobs of yesteryear with JakeGARDEN ROOM 11:00amArmchair Travel — France, with MattLOUNGE 2:30pmSt Swithin’s Day — What does it mean? with GeorgieGARDEN ROOM 2:30pmBook club with MattLOUNGE 2:30pmOne-to-ones with Jake 4:00pmAfternoon Games with OscarLOUNGE	9:15amExercises with JakeLOUNGE 10:00amDaily News with OscarLOUNGE 10:00amOne-to-ones with Jake 11:00amSeated Netball with DebLOUNGE 11:00amFresh air with Jake & Oscar 2:30pmFinish the phrase with JakeLOUNGE 2:30pmBaking club with DebDINING ROOM 2:30pmMusical one-to-ones with Paul 4:00pmAfternoon Games with Jake & OscarLOUNGE	9:15amExercises with GeorgieLOUNGE 10:00amDaily News with MattLOUNGE 10:00amOne-to-ones with Georgie 11:00amWho am I? July Birthdays with MattLOUNGE 11:00amJigsaw puzzles with GeorgieGARDEN ROOM 2:30pmGeneral knowledge quiz with MattLOUNGE 2:30pmSensory afternoon with GeorgieGARDEN ROOM 4:00pmAfternoon Games with MattLOUNGE	9:15amExercises with GeorgieLOUNGE 10:00amDaily News with GeorgieLOUNGE 11:00amSingalong Saturday with GeorgieLOUNGE 2:30pmWhat advice would you give your younger self? with GeorgieLOUNGE 4:00pmAfternoon Games with GeorgieLOUNGE	ICE CREAM DAY · WORLD CUP FINAL 10:00amDaily News with MattLOUNGE 11:00amHistory of the World Cup with MattLOUNGE 2:30pmSunday Crosswords with MattLOUNGE 4:00pmIce Creams with MattLOUNGE

Week beginning Monday 20th July

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th	Saturday 25th	Sunday 26th
9:15amExercises with OscarLOUNGE	MOON LANDING ANNIVERSARY 9:15amExercises with DebLOUNGE	9:15amExercises with MattLOUNGE	9:15amExercises with DebLOUNGE	9:15amExercises with GeorgieLOUNGE	9:15amExercises with DebLOUNGE	10:00amDaily NewsLOUNGE
10:00amDaily News with DebLOUNGE	10:00amDaily News with GeorgieLOUNGE	10:00amDaily News with GeorgieLOUNGE	10:00amDaily News with OscarLOUNGE	10:00amDaily News with MattLOUNGE	10:00amDaily News with DebLOUNGE	11:00amReminiscence — Travelling storiesLOUNGE
10:00amOne-to-ones with Oscar	10:00amOne-to-ones with Deb	10:00amOne-to-ones with Matt	10:00amOne-to-ones with Deb	10:00amOne-to-ones with Georgie	10:00amOne-to-ones	2:30pmSunday SingalongLOUNGE
11:00amLets talk sports with JakeGARDEN ROOM	11:00amReminiscence — The moon landing with GeorgieLOUNGE	11:00amSeated football with GeorgieLOUNGE	11:00amPoetry morning with MattLOUNGE	11:00amGive me 5 with MattLOUNGE	11:00amFloor games with DebLOUNGE	4:00pmAfternoon GamesLOUNGE
11:30amHoly Communion with Rev JaneLOUNGE	11:00amColouring with DebGARDEN ROOM	11:00amFresh air with Matt	11:00amCrafts with DebGARDEN ROOM	11:00amConnect 4 with JakeGARDEN ROOM	2:30pmBingo with DebLOUNGE	
2:30pmWhiteboard games with DebLOUNGE	2:30pmMusic Circle with PaulLOUNGE	2:30pmJokes with GeorgieGARDEN ROOM	2:30pmJuly in History with MattLOUNGE	2:30pmGeneral knowledge quiz with MattLOUNGE	4:00pmAfternoon Games with DebLOUNGE	
2:30pmBeanbag toss with JakeGARDEN ROOM	2:30pmCards with DebGARDEN ROOM	2:30pmBook club with MattLOUNGE	2:30pmBaking club with DebDINING ROOM	2:30pmMusic of your youth with JakeGARDEN ROOM		
4:00pmAfternoon Games with OscarLOUNGE	4:00pmAfternoon Games with GeorgieLOUNGE	4:00pmAfternoon Games with GeorgieLOUNGE	2:30pmMusical one-to-ones with Paul	4:00pmAfternoon Games with GeorgieLOUNGE		
			4:00pmAfternoon Games with OscarLOUNGE			

Week beginning Monday 27th July

LOUNGE

GARDEN ROOM

DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th	Friday 31st	Saturday 1st Aug	Sunday 2nd Aug
9:15am Exercises with Jake LOUNGE	9:15am Exercises with Oscar LOUNGE	9:15am Exercises with Georgie LOUNGE	60TH ANNIVERSARY OF THE '66 WORLD CUP	9:15am Exercises with Jake LOUNGE	9:15am Exercises with Georgie LOUNGE	10:00am Daily News with Matt LOUNGE
10:00am Daily News with Deb LOUNGE	10:00am Daily News with Matt LOUNGE	10:00am Daily News with Matt LOUNGE	9:15am Exercises with Matt LOUNGE	10:00am Daily News with Oscar LOUNGE	10:00am Daily News with Georgie LOUNGE	11:00am Sunday Singalong with Matt LOUNGE
10:00am One-to-ones with Jake	10:00am One-to-ones with Deb	10:00am One-to-ones with Georgie	10:00am Daily News with Deb LOUNGE	10:00am Residents' meeting one-to-ones with Georgie	11:00am How's your aim? with Georgie LOUNGE	2:30pm Sunday Crosswords with Matt LOUNGE
11:00am Mindfulness — Relax to the piano with Jake GARDEN ROOM	11:00am Famous sayings and their meanings with Matt LOUNGE	11:00am Armchair travel with Matt LOUNGE	10:00am One-to-ones with Matt	11:00am Residents meeting with Matt LOUNGE	2:30pm Short stories with Georgie LOUNGE	4:00pm Afternoon Games with Matt LOUNGE
11:30am Morning Prayer with Rev Jane LOUNGE	11:00am Jenga with Deb GARDEN ROOM	11:00am Pet Therapy with Georgie	11:00am Tin-can alley with Deb GARDEN ROOM	2:30pm General knowledge quiz with Jake LOUNGE	4:00pm Afternoon Games with Georgie LOUNGE	
2:30pm Whiteboard games with Deb LOUNGE	2:30pm Tuneful Tuesday with Matt LOUNGE	2:30pm Skittles with Georgie GARDEN ROOM	11:00am Remembering the 1966 World Cup with Matt LOUNGE	2:30pm Crafts with Georgie GARDEN ROOM		
2:30pm Armchair football with Jake GARDEN ROOM	2:30pm Board games with Deb GARDEN ROOM	2:30pm Book club with Matt LOUNGE	2:30pm July's number ones with Matt LOUNGE	4:00pm Afternoon Games with Jake LOUNGE		
4:00pm Afternoon Games with Deb LOUNGE	4:00pm Afternoon Games with Oscar LOUNGE	4:00pm Afternoon Games with Georgie LOUNGE	2:30pm Baking club with Deb DINING ROOM			
			2:30pm Musical one-to-ones with Paul			
			4:00pm Afternoon Games with Matt LOUNGE			

Family and friends are always welcome to join in — just ask a member of the Well Being team.