

NEWSLETTER

June/July 2026



Castle House Nursing Home, Castle Street, Keinton Mandeville



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Editor's Desk

Hello Residents, Families, and Friends,

As you will see, we've once again been very busy enjoying everything June has had to offer as we look forward to July!



July is a fantastic month for sport. Football fans around the world are enjoying the excitement of the 2026 FIFA World Cup, while Wimbledon brings world-class tennis, memorable matches, and the timeless tradition of strawberries and cream.

As July continues, the International Day of Friendship reminds us of the importance of companionship, kindness, and staying connected. Whether it's sharing stories with family, catching up with old friends, or making new memories together, July is a wonderful time to celebrate the people who bring joy to our lives. The month also includes fun occasions such as International Joke Day and World Chocolate Day, giving us lots of opportunities to share a laugh and enjoy a sweet treat together.

We hope you enjoy reading about what we have been up to and we look forward to many more happy times together throughout the summer.

Jo.M, Kerry and Matt

July Trivia

July was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. Prior to that, it was called Quintilis.

Zodiac signs: **Cancer & Leo**
Birthstone: **Rubies**
Flower: **Water Lily**

Quote of the Day

Friendship is the golden thread that ties the heart of all the world together.

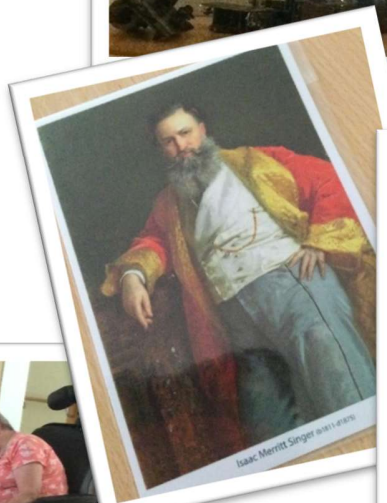
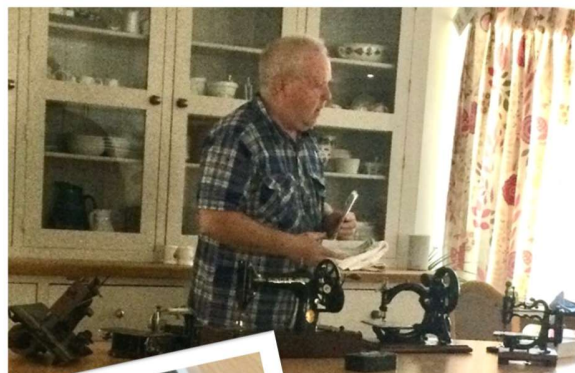
– John Evelyn

Month in Review

🚩 The Gates Museum Street! 🚩

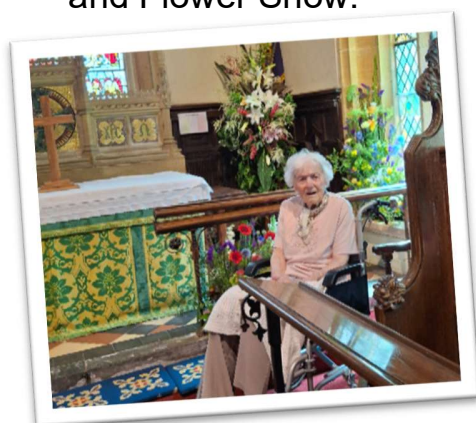
We had a lovely afternoon recently when Dominic from The Gates Museum in Street paid us a special visit! They kindly brought a stunning selection of their antique sewing machines into our home. As you can see from the lovely photos it was very nostalgic afternoon.

The visit sparked lots of many wonderful memories, smiles, and brilliant conversations about our residents' lifelong memories of sewing.

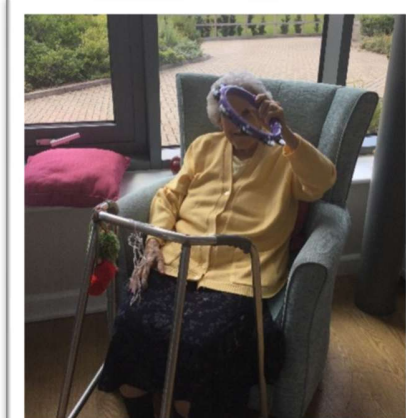


Thornford Church Flower Show

Ruth enjoyed a lovely afternoon out with her family visiting the beautiful Church and Flower Show.



Month in Review



We had the lounge tapping along with their feet and with tambourines and maracas, a great mood boosting exercise.



🧶 Knit one Scrabble one 🌸

The Dining Room was buzzing again this week with the sound of clicking needles and clacking tiles! Our weekly 'Knit and Natter' turned into a brilliant afternoon of multitasking as residents got stuck into both knitting and a game of Scrabble. It was the perfect mix of creativity and brainpower.

Month in Review

Pennys Zen Session



A few of the residents were treated to a chair yoga session for International Yoga Day 21st June lead by John's wife Penny. Lots of smiles whilst stretching out and finding their inner calm.



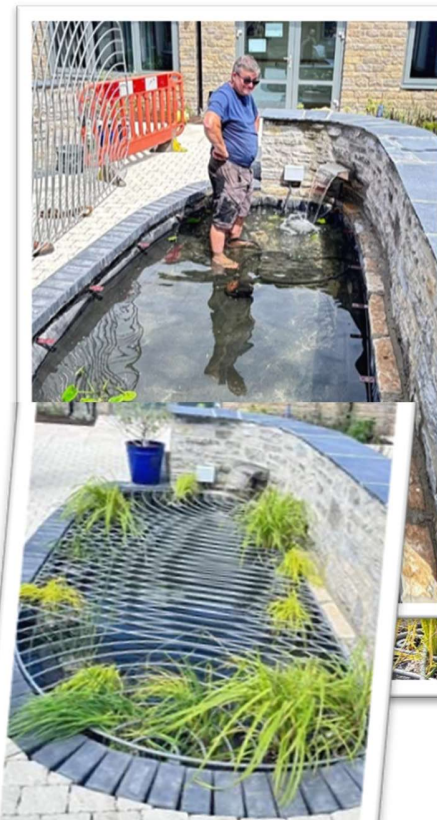
♥ The Power of Friendship ♥

A picture is worth a thousand words, and this lovely snapshot says it all! Moments like these warm our hearts and show just how much our home is one big family.

International Friendship Day is the 30th July. Keep spreading kindness, smiles and looking out for one another.

Uh Oh - Tom's in 'deep water'!

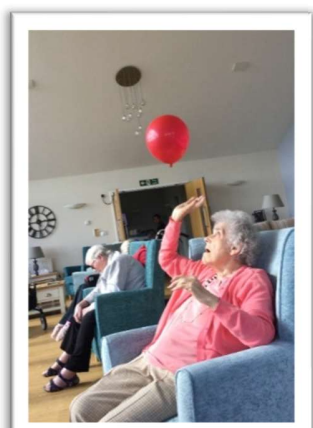
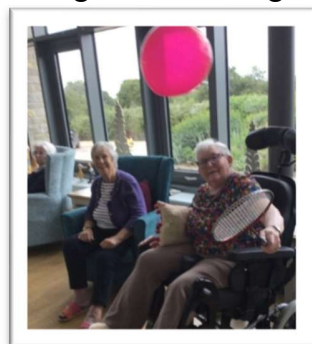
Don't worry – Tom isn't really in trouble! The team were hard at work putting the finishing touches on our pond safety project. We're pleased to say that the pond safety improvements are now complete, helping to make the area safer and more enjoyable for everyone.



Month in Review

“99 red balloons” floating in the summer sky

High-energy balloon matches that kept everyone moving and smiling.



International Cheese Day! 🧀

The residents all enjoyed this perfect excuse to enjoy some of their favorite cheeses, and to try some tasty new ones. Thank you to Wyke Farms for donating the cheese.



Gentlemen's Day – 21st June

Our Gentlemen's Day was enjoyed by residents and the families who could join us. A big thank you to our kitchen team for preparing the delicious-looking plates that helped make the day so special.



Month in Review

🎸 Somerton Ukulele Club! 🎵

Thank you to the fantastic Somerton Ukulele Club who had the residents singing along when they came to perform for us! They brought great energy to the room with a lively setlist of classic tunes that had everyone clapping along.



Ready, Set, Bake!

- 👩🍳 Roll, knead, and decorate delicious treats every week.
- 🍰 Enjoy baking, great chats, and tasty results.
- 👩🍳 Calling all bakers, and taste-testers.
- 📅 Every Thursday afternoon at 2:30pm in the Dining Room



Upcoming Events

Wimbledon Women's Final - Pimm's and Strawberries

Saturday 11th of July 4:00pm in the Lounge

FIFA World Cup

Quarter Final (ENG v NOR) Saturday 11th of July at 10:00PM

First Semi Final Tuesday, 14th July 2026 1:00AM

Second Semi Final Wednesday, 15th July 2026 12 Midnight

World Cup Final Sunday, 16th July 8:00PM

Resident's Meeting

Friday 31st of July at 11:00am in the Lounge

World Chocolate Day! Chocolate Tasting

Tuesday 7th of July 4:00pm in the Lounge

Holy Communion with Rev. Jane

Monday the 29th of July 11:00am in the Lounge

Regular Events

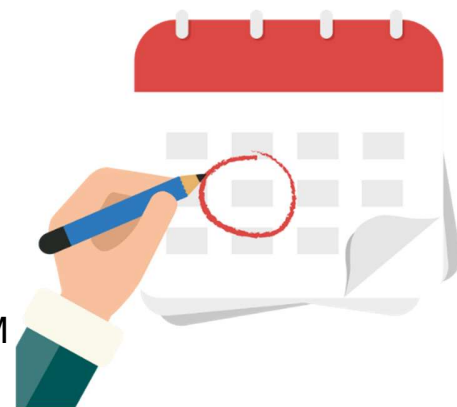
Monday Worship every Monday 11:30am in the Lounge

Book Club with Matt every Wednesday at 2.30pm in the Garden Room

Volunteer Paul's Singing Circle every Tuesday at 2.30pm in the Lounge

Hairdresser Mandy every second Mon/Tues from 9am

Afternoon Games every day at 4pm in the Lounge



Special Days

1 st	International Joke Day
4 th	Fourth of July Independence Day USA
4 th	Alice in Wonderland Day
7 th	World Chocolate Day
11 th	Wimbledon Women's Final
12 th	Wimbledon Men's Final
14 th	Bastille Day (France)
19 th	Ice Cream Day
19 th	World Cup Final
30 th	Friendship Day
30 th	60 th Anniversary of World Cup 66'

July Birthdays

In July, we celebrate birthdays with:

- **Shiny (7th)**
- **Teresa (23rd)**
- **David (28th)**

We hope your day is filled with laughter, family, friends, and plenty of cake!

The kitchen team is already busy prepping the treats



The Art of Chocolate Making

In honour of World Chocolate Day on July 7, this month we celebrate the long and delicious history of chocolate making. Chocolate begins with cocoa beans, which are carefully harvested, roasted, and blended to create the sweet treat enjoyed around the world today.

For centuries, chocolate has been shared during celebrations, given as thoughtful gifts, and enjoyed as a comforting indulgence. From rich chocolate cakes to simple chocolate bars, this beloved treat continues to bring joy to people of all ages and remains one of life's sweetest pleasures.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Leo (July 23 – August 22)

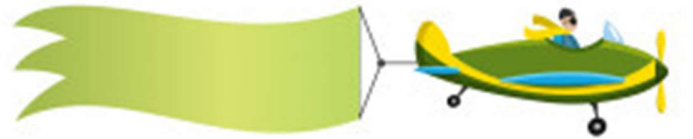
Leos are natural born leaders. They are able to achieve anything they commit to.

WOW!

Month Spotlight: The First Moon Landing

In July 1969, the world watched in amazement as humans first landed on the Moon during the Apollo 11 Moon Landing. Astronauts Neil Armstrong and Buzz Aldrin became the first people to walk on the lunar surface, marking one of history's greatest achievements.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **David**
- **Norman**
- **Mildred**
- **Dave**
- **Liz**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

- **Ella (Catering Team)**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Bridget**
- **Margaret**

FEEDBACK MATTERS

Residents, families, and friends are reminded that there are several ways to share your views, suggestions, compliments, or concerns with us. Feedback forms are available at Reception, and we are always happy to receive your comments at any time. Your feedback helps us understand what's working well and where we can improve, enabling us to continue providing the highest standard of care and service.

Your feedback is truly valued!

CAN YOU CONTRIBUTE?

We always welcome contributions to our newsletter from residents, families, friends, and staff.

Whether it's an article, photographs, a report on a community outing, staff news, a favourite recipe, trivia, a poem, or a funny story involving residents or staff, we'd love to hear from you.

Please hand your submission to Reception or email it to us at any time.

Thank you for helping us make our newsletter even more special!

Noticeboard



TOILETRIES

When visiting, please remember to check whether for any toiletries that might need replenishing.

Thank you for your support in helping to ensure residents always have the personal care items they need.

HAIRDRESSER

Just to let you know, Mandy, our hairdresser, is away on holiday until **Monday 3rd August**.

If you would like to book an appointment when she returns, please speak to Reception, and we will add your name to the appointment book.

SUMMER

As the warmer weather continues, please take a moment to look through your loved one's wardrobe and swap any heavier winter clothing for lighter summer clothes.

If you bring in any new summer clothing, sun hats, or other personal items, please remember to hand them to Reception so that our Laundry Team can label them before we add them to their wardrobe.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

SHARE YOUR TALENT

"Share Your Talent" Inspired by Penny's session, warmly inviting other family members or staff and volunteers to run a one-off activity doing something they love or showing us your hidden talents.

🧠 JULY BRAINTEASER 🧠

Put your thinking caps on! We will reveal the answer in next month's newsletter!
I am hot, I am bright, and I bring lots of cheer.

I make the days long at this time of the year.

Shadows run from me, and plants love me.

What am I? _____.